

Food for Thought – Galatians 5:1, 13-25
June 27, 2010

1. Our reading starts by telling us that, “*Christ has set us free to live a free life. Never again let anyone put a harness of slavery on you.*” Can you think of things or situations in your life that make you feel like a “slave?”

2. It is common to think of freedom as “being able to do anything you want.” Can you think of a time when that misunderstanding of freedom has gotten you, or someone you know, into trouble, or caused unnecessary pain?

3. Can you see the difference between God’s idea of freedom, and “doing anything you want?” Which freedom do you think will make us happier? Why, and in what ways?

Loving Lord, we long to be free but resist your efforts to give us REAL freedom. Help us to trust You and believe that only in You will we find the freedom we long for. In Jesus’ name. Amen.