

Food for Thought – Luke 8:26-39
June 20, 2010

1. What questions come to mind as you read this passage? What do you think it means?

2. The term “demons” is often used as a metaphor for those things in our lives that torment us or hold us captive. If you were to name the demons in your own life, what might they be?

3. How does this message offer hope, as we try to get rid of our own demons?

Lord God, help us to understand that we all struggle with “demons” of one kind or another. Free us, Lord, even as you give us compassion for the struggles of others. Amen.