

## Food For Thought – April 11, 2010

*"This is something I have found to be true without exception: that when we, any of us, focus on things in our lives that are passing away, we get scared, we get anxious, we get depressed, we lose hope; and when we focus on things that are being birthed and are coming newly into creation, we get excited, we get imaginative, we get optimistic, we feel drawn closer to one another, we feel as if we have meaning and purpose in this life, and we have joy. . . . **we are given change as an ingredient in life. We can be frightened and anxious and resistant to it or we can embrace it as a tool to transform us.**"* —Jim Kelsey (1952–2007)

1. As you think about this week's message, is there anything in particular that spoke to you about your own spiritual journey?
2. What do you see as your greatest challenges in being a disciple?
3. What does it mean for you, to see yourself as part of the "priesthood of all believers?"

*Prayer: Lord, give me the courage, wisdom and faith to follow where you lead. Help me to remember that you continue to empower ordinary people to do extraordinary things, if only they are willing. Help me to be one of the willing. In Jesus name, Amen.*

(Note: These questions are just for you, to give you food for thought in your spiritual journey and to help you to be who God wants you to be. May God be with you!)